

The Illusion of Safety in “Monogamous” Undergraduate Relationships

Karen Vail-Smith, MS, MPA; Lauren MacKenzie Whetstone, PhD; David Knox, PhD

Objectives: To determine the prevalence of sexual infidelity and disclosure among undergraduates and to identify the characteristics of those engaging in infidelity. **Methods:** Analysis of responses from an online survey of 1341 undergraduate. **Results:** Approximately 27% of males and 20% of females reported having oral, vaginal, or anal sex outside a partner-perceived monogamous relationship. Men over the age of 20, binge drinkers, fra-

ternity members, male NCAA athletes, or the nonreligious were most likely to engage in these behaviors. **Conclusions:** Implement educational strategies to encourage undergraduates in committed relationships to reconsider their STI risk and to protect themselves via condom usage.

Key words: cheating, monogamy, infidelity, STD risk, college students

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