

Evaluation of an Intervention for Hospitalized African American Smokers

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Objective: To evaluate the effectiveness of a smoking cessation intervention based on the transtheoretical model of change with a sample of low-income African American smokers admitted to an indigent-care hospital. **Methods:** The intervention incorporated components shown to be effective in increasing cessation in other populations, tailored to a bedside counseling format with follow-up contact postdischarge. **Results:**

Intervention patients were significantly more likely to advance in stage than were control patients. **Conclusion:** A hospital-offered bedside intervention offers promise in reaching underserved smokers with effective, though limited, cessation assistance.

Key words: smoking, African American, intervention, in-patient, transtheoretical model of change.

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