

Religiosity and Sexual Responsibility: Relationships of Choice

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Objective: To determine the current influence of women's religiosity upon their sexual attitudes and behavior, including feelings of guilt. **Method:** An anonymous questionnaire was administered to 535 female undergraduates at a Midwestern university. **Results:** Higher degrees of religiosity were associated with negative attitudes toward nonprocreative sexual activities, guilt towards masturbation, less likelihood of engaging in sexual intercourse, and fewer sex

partners if sexually experienced. No significant differences were found regarding religiosity and physiological or psychological sexual satisfaction. **Conclusion:** Religiosity appears related to sexual attitudes and behavior of college women, but not physiological or psychological sexual satisfaction.

Key words: college religiosity, college women's sexuality, sexual guilt, sexual behavior,

Am J Health Behav. 2004;28(4):335-346
