

# Intervention Taxonomy (ITAX): Describing Essential Features of Interventions

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**Objectives:** To identify key features of interventions that need to be considered in the design, execution, and reporting of interventions. **Methods:** Based on prior work on decomposing psychosocial and clinical interventions, current guidelines for describing interventions, and a review of a broad range of intervention studies, we developed a comprehensive intervention taxonomy. **Results:** Specific recommendations, rationales, and definitions of intervention delivery and content characteristics including mode, materials, location, schedule, scripting, and sensitivity to participant characteristics, interventionist characteristics, adaptabil-

ity, implementation, content strategies, and mechanisms of action are provided. **Conclusions:** Applying this taxonomy will advance intervention science by (a) improving intervention designs, (b) enhancing replication and follow-up of intervention studies, (c) facilitating systematic exploration of the efficacy and effectiveness of intervention components through cross-study analysis, and (d) informing decisions about the feasibility of implementation in broader community settings.

**Key words:** randomized trials, intervention taxonomy, intervention delivery, intervention content

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