

Smoking Prevention and Primary Physician's and Patient's Characteristics

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Objective: To describe relationships between primary physician and patient characteristics and the approach to prevention and quitting of smoking. **Methods:** A questionnaire composed of descriptions of cases and clinic activities was given to primary physicians. **Results:** Fewer smoking physicians use written materials, yet former smokers more often recommend smoking cessation groups. Greatest efforts are invested in high-risk patients. How-

ever, former smokers invest greater efforts among youth and pregnant women. Workload and patient's main complaint exert great influence on raising the subject. **Conclusions:** The various attitudes of physicians emphasize the importance of physician education that should be according to their smoking habits.

Key words: smoking cessation, smoking prevention, primary care physician, smoking habits

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