

# Faith Moves Mountains: An Appalachian Cervical Cancer Prevention Program

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**Objective:** To provide a conceptual description of Faith Moves Mountains (FMM), an intervention designed to reduce the disproportionate burden of cervical cancer among Appalachian women. **Methods:** FMM, a community-based participatory research program designed and implemented in collaboration with churches in rural, southeastern Kentucky, aims to increase cervical cancer screening (Pap tests) through a multiphase process of educational programming and lay

health counseling. **Results:** We provide a conceptual overview to key elements of the intervention, including programmatic development, theoretical basis, intervention approach and implementation, and evaluation procedures. **Conclusions:** After numerous modifications, FMM has recruited and retained over 400 women, 30 churches, and has become a change agent in the community.

**Key words:** cervical cancer, rural, interventions, Appalachia  
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