

Collegiates' Intention and Confidence to Intervene into Others' Drinking

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Objectives: To examine variable frequencies and relationships between students' intentions and confidence with their intervention. **Methods:** Incoming freshmen (509 of 1155 students responded) completed a survey 2 months into college. **Results:** Most (75.2%) students intervened into others' drinking, usually as a caretaker. Students reported more intention to intervene with others with whom they had more affiliation, and confidence with less intrusive inter-

vention. Intention to intervene ($b=0.36$, $SE=0.10$, $P<0.001$) and intervention confidence ($b=0.27$, $SE=0.06$, $P<0.001$) correlated with intervention. **Conclusions:** With education to enhance their intention and confidence to intervene, first-year college students might be encouraged to intervene into others' social drinking.

Key words: college students, heavy drinking, intervention behaviors, intention, confidence

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