

# Pediatricians' Practices Regarding Smoking Cessation Among Parents of their Patients

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**Objective:** To assess pediatricians' use of the 5A's for smoking cessation among the parents of their patients. **Methods:** A random sample of Ohio pediatricians (n=153) completed a mail survey on smoking cessation activities. **Results:** Most pediatricians (80%) regularly asked their patients' parents about their smoking status. The majority "always" or "usually" implemented 2 of the 5 steps of the 5A's. Respon-

dents perceived using the 5A's would result in fewer parents smoking but were less confident they could implement all of the 5A's. **Conclusions:** Pediatricians need more training to better prepare them to assist parents in quitting smoking.

**Key words:** nicotine replacement therapy, smoking cessation, 5A's, adolescents, pediatricians  
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