
Official publication of the American Academy of Health Behavior™
VOLUME 30 NUMBER 4 JULY/AUGUST 2006

Comparison of 3 Interventions to Increase Walking in Sedentary Women

Mary A. Nies, PhD, RN, FAAN, FAAHB
Ty Partridge, PhD

Patients With Diabetes and Depression May Need Additional Support for Exercise

Kristin S. Vickers, PhD
Mary A. Nies, PhD
Christi A. Patten, PhD, et al.

Tobacco Cessation and Weight Loss: Trends in Media Coverage

Saul Shiffman, PhD
Christine T. Sweeney, PhD, MPH
Michelle D. Ertischek, BA; et al.

Disparity of Physicians' Utilization of Tobacco Treatment Services

Michael B. Steinberg, MD, MPH
Michelle S. Alvarez, MPH
Cristine D. Delnevo, PhD, MPH; et al.

Health Behavior Goals of Cardiac Patients After Hospitalization

Jodi Summers Holtrop, PhD, CHES
William Corser, PhD, RN
Gregory Jones, PhD; et al.

Factors Associated With Quitting Smoking at a Tobacco Dependence Treatment Clinic

Jonathan Foulds, PhD
Kunal K. Gandhi, MBBS, MPH
Michael B. Steinberg, MD, MPH; et al.

Factors Predicting Pregnancy Smoking in Southern Appalachia

Beth A. Bailey, PhD

Physical Activity and Quality of Life Improvements Before Obesity Surgery

Dale S. Bond, PhD
Ronald K. Evans, PhD
Eric DeMaria, MD; et al.

Adolescents' Smoking Behaviors, Beliefs on Risks of Smoking, and Exposure to ETS in Juarez, Mexico

Yelena Bird, MD, MPH
John Moraros, MD, MPH, CHES
Larry K. Olsen, DrPH, CHES; et al.

VOLUME 30 NUMBER 4 JULY/AUGUST 2006

PUBLISHER: Published bimonthly by PNG Publications, PO Box 4593, Star City, WV 26504-4593, USA. Office of publication is 217 Patriot Lane, Morgantown, WV 26508, USA. **American Journal of Health Behavior™** ISSN 1087-3244 is the official publication of the **American Academy of Health Behavior™**.

POSTMASTER send change of address information to PNG Publications, PO Box 4593, Star City, WV 26504-4593, USA. Periodical postage paid at Morgantown, WV and additional entries.

SUBSCRIPTIONS should be addressed to PNG Publications, PO Box 4593, Star City, WV 26504-4593, USA. Members of the **American Academy Health Behavior** receive the journal as part of their membership dues. Two types of subscriptions are available; **individual** and **institutional**.

INDIVIDUAL subscription prices in the US and possessions: \$115 for one year; \$200 for two years; \$290 for three years. CANADA and MEXICO add \$24/year. INTERNATIONAL add \$44/year. **Electronic access** included in pricing.

INSTITUTIONAL subscription rates in the US and possessions: \$198 for one year; \$330 for two years; \$454 for three years. CANADA and MEXICO add \$24/year. INTERNATIONAL add \$44/year. **Electronic access** included in pricing.

BACK COPIES when available, must be purchased separately. Cost per copy is \$38 DOMESTIC; \$40 CANADA and MEXICO; and \$46 INTERNATIONAL. All orders must be accompanied by payment.

CHANGE of address should be sent to PNG Publications six weeks in advance of effective date. Include old and new addresses with zip codes. The publisher cannot accept responsibility for undelivered copies.

INDEXED in *Index Medicus (MEDLINE)*, *PsycINFO*, *Psychological Abstracts*, *Hospital Literature Index*, *Combined Health Information Database (CHID)*, *Cumulative Index to Nursing (Cinahl)* & *Allied Health Literature*, *ERIC (Clearing House on Teacher Education)*, *Sociological Abstracts*, *Consumer Health & Nutrition Index*, *Physical Education Index*, *Human Resources Abstracts*, *Sage Family Studies Abstracts*, *Applied Social Sciences Index & Abstracts (ASSIA)*, *Educational Administration Abstracts*, *Violence & Abuse Abstracts*, *Current Contents®/Social & Behavioral Sciences (CC®/S&BS)*, *CAB Abstracts*, *Global Health*, *Educational Research Abstracts Online (ERA)*, and *Physiotherapy Evidence Database (PEDro)*.

IDEAS and opinions expressed in the journal do not necessarily reflect those of the editors or publisher.

COPYRIGHT © 2006 by PNG Publications, all rights reserved. No part of this publication may be reproduced without the written consent of the publisher.

REPRINT requests should be made directly to Sheridan Reprints, Article Reprint Services, Lori Sentz, 450 Fame Avenue, Hanover, PA 17331 (Phone 1-800-352-2210; Fax 717-633-8929).

COPYING/REPRODUCTIONS: The journal is registered with the Copyright Clearance Center (CCC), Inc., 222 Rosewood Drive, Danvers, MA 01923. (Phone 978-750-8400; Fax 978-646-8600), Web site: www.copyright.com. Consent is given to only specific clients for the copying of articles for personal use.

MICROFILM copies of the journal are available from ProQuest Information and Learning, 300 North Zeeb Road, PO Box 1346, Ann Arbor, MI 48106-1346.

TRADEMARKS: **American Journal of Health Behavior™** and the **American Academy of Health Behavior™** are registered trademarks of PNG Publications.

AUTHOR GUIDELINES can be obtained by visiting our web site www.ajhb.org. Tap into the **Author Submission** link then the **Author Guidelines** link.

LIBRARIAN: This journal is printed on acid-free paper and meets the requirements of ANSI/NISO. Effective Volume 23, Issue 1 (Jan/Feb), 1999.

339 Comparison of 3 Interventions to Increase Walking in Sedentary Women

Mary A. Nies, PhD, RN, FAAN, FAAHB
Ty Partridge, PhD

353 Patients With Diabetes and Depression May Need Additional Support for Exercise

Kristin S. Vickers, PhD
Mary A. Nies, PhD
Christi A. Patten, PhD, et al.

363 Tobacco Cessation and Weight Loss: Trends in Media Coverage

Saul Shiffman, PhD
Christine T. Sweeney, PhD, MPH
Michelle D. Ertischek, BA; et al.

375 Disparity of Physicians' Utilization of Tobacco Treatment Services

Michael B. Steinberg, MD, MPH
Michelle S. Alvarez, MPH
Cristine D. Delnevo, PhD, MPH; et al.

387 Health Behavior Goals of Cardiac Patients After Hospitalization

Jodi Summers Holtrop, PhD, CHES
William Corser, PhD, RN
Gregory Jones, PhD; et al.

400 Factors Associated With Quitting Smoking at a Tobacco Dependence Treatment Clinic

Jonathan Foulds, PhD
Kunal K. Gandhi, MBBS, MPH
Michael B. Steinberg, MD, MPH; et al.

413 Factors Predicting Pregnancy Smoking in Southern Appalachia

Beth A. Bailey, PhD

422 Physical Activity and Quality of Life Improvements Before Obesity Surgery

Dale S. Bond, PhD
Ronald K. Evans, PhD
Eric DeMaria, MD; et al.

435 Adolescents' Smoking Behaviors, Beliefs on Risks of Smoking, and Exposure to ETS in Juarez, Mexico

Yelena Bird, MD, MPH
John Moraros, MD, MPH, CHES
Larry K. Olsen, DrPH, CHES; et al.

Look for these articles

AMERICAN JOURNAL OF HEALTH BEHAVIOR™
VOLUME 30 NUMBER 4 July/August 2006

Comparison of 3 Interventions to Increase Walking in Sedentary Women

Mary A. Nies, PhD, RN, FAAN, FAAHB

Ty Partridge, PhD

Patients With Diabetes and Depression May Need Additional Support for Exercise

Kristin S. Vickers, PhD

Mary A. Nies, PhD

Christi A. Patten, PhD, et al.

Tobacco Cessation and Weight Loss: Trends in Media Coverage

Saul Shiffman, PhD

Christine T. Sweeney, PhD, MPH

Michelle D. Ertischek, BA; et al.

Disparity of Physicians' Utilization of Tobacco Treatment Services

Michael B. Steinberg, MD, MPH

Michelle S. Alvarez, MPH

Cristine D. Delnevo, PhD, MPH; et al.

Health Behavior Goals of Cardiac Patients After Hospitalization

Jodi Summers Holtrop, PhD, CHES

William Corser, PhD, RN

Gregory Jones, PhD; et al.

Factors Associated With Quitting Smoking at a Tobacco Dependence Treatment Clinic

Jonathan Foulds, PhD

Kunal K. Gandhi, MBBS, MPH

Michael B. Steinberg, MD, MPH; et al.

Factors Predicting Pregnancy Smoking in Southern Appalachia

Beth A. Bailey, PhD

Physical Activity and Quality of Life Improvements Before Obesity Surgery

Dale S. Bond, PhD

Ronald K. Evans, PhD

Eric DeMaria, MD; et al.

Adolescents' Smoking Behaviors, Beliefs on Risks of Smoking, and Exposure to ETS in Juarez, Mexico

Yelena Bird, MD, MPH

John Moraros, MD, MPH, CHES

Larry K. Olsen, DrPH, CHES; et al.