

Smoking-related Correlates of Depressive Symptoms in Low-Income Pregnant Women

Mark W. Vander Weg, PhD; Kenneth D. Ward, PhD; Isabel C. Scarinci, PhD, MPH
Mary C. Read, MA, RD; Christina B. Evans, MS

Objectives: To investigate smoking-related correlates of depressive symptomatology in low-income pregnant women. **Methods:** A cross-sectional survey of 245 pregnant women who smoked prior to pregnancy. **Results:** Women who had lower self-efficacy for maintaining abstinence both in positive affect/social situations and when experiencing negative affect demonstrated greater depressive symptomatology. Additionally, marijuana use, nicotine dependence,

and general confidence in one's ability to quit smoking showed a positive relationship to depression. **Conclusions:** Several modifiable factors that can be targeted through behavioral and cognitive behavioral intervention strategies appear to influence the relationship between depression and smoking in low-income pregnant women.

Key words: smoking, pregnancy, depression, self-efficacy, nicotine dependence

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